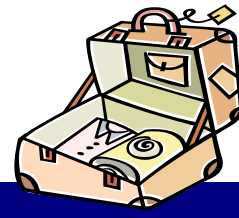


# Packing for Camp



## What to Bring

The following check list is only a guide. Washing machines are not available for girls to use at camp. All articles (including luggage) should be labeled with camper's name. Girl Scouts of Greater Atlanta is not responsible for any damage to or loss of personal items. Please put the camper's name on all items brought to camp. Please pack in as few pieces of luggage as possible. Girls will need to be able to re-pack their luggage when it's time to go home.

### Do not pack these items. They will be needed at check in:

- o Camp Health History and Examination Form
- o Camper Release Form
- o Behavior Expectation Agreement
- o Horseback Riding Permission (if applicable)
- o Medications to turn in to Health Supervisor

### Pack these items in a suitcase or duffel bag:

- o T-shirts-one per day + two extra
- o Shorts-one per day + two extra
- o Socks-one per day + three extra
- o Two pairs of shoes, at least one with closed toed and back strap (i.e. crocs), and one with a closed toed and a closed heel (i.e. sneakers)
- o Aqua socks or old tennis shoes for canoeing (optional)
- o Shower shoes or flip-flops

## What to Leave at Home

No weapons of any type, alcoholic beverages, cigarettes or illegal drugs may be brought on the campsite. Anyone in violation of this policy will be sent home immediately.

No electric appliance of any kind including fans, curling irons, CD players, I-Pods, Game Boys, MP3 players, etc., are allowed. Campers are not permitted to have cell phones at camp. Any of these items will be collected by staff and returned to the parent/guardian at the end of the session.

No food, gum, candy or other sweets should be brought to camp. These can attract ants and roaches, turning personal gear into a disaster area!

## Tip for Younger Campers:

Select an outfit for each day and pack it in a zip lock or other plastic bag. Mark the bag with the day she will wear it. This will help her get dressed in the morning and keep her clothes together and as dry as possible. (Plus, she will have bags for wet swimsuits coming home!)

- o Raincoat or poncho
- o Pajamas or night shirt-one per night + one extra
- o Bathing suit(s)- one or two
- o Long pants- one pair (more if riding horses)
- o Underwear-one per day + three extra
- o Hat or visor
- o Sweater, sweatshirt or jacket
- o Spare bag or backpack to carry swimsuit and towel in during the day
- o White T-shirt to paint
- o Towels and washcloths (two washcloths, two bath towels and two towels for swimming and canoeing)
- o Lightweight blanket (may substitute lightweight sleeping bag)
- o Sheets, pillow and pillowcases for twin size bed
- o Plastic water bottle or drinking cup with handle
- o Flashlight with extra batteries and bulbs
- o Stationery and stamps (pre-stamped and addressed for Girl Scout Brownies)
- o Camera (film is not sold at camp)
- o Insect repellent (no spray cans, please)
- o Sunscreen
- o Toiletries—shampoo/conditioner, soap, toothbrush/toothpaste, hair brush, ponytail holders, deodorant, sanitary items, shower caddy and extra glasses/contacts
- o Laundry bag with girl's name on it (plastic trash bags do NOT work well)
- o Sunglasses (optional)
- o Many girls also enjoy bringing a favorite (washable) stuffed animal, a book, travel-sized games or a deck of cards, etc.

### Extra Items Needed for Horseback Riding

- o Long pants such as cotton pants or leggings with stirrups are cooler than jeans-at least two pairs
- o Boots with 1/2" straight edge heel (no hiking boots)