



# Food Donation Program for Families

Children's Healthcare of Atlanta believes that providing meal assistance to parents of patients who do not have the financial means to purchase meals is an important service to offer so that parents/guardians can receive necessary nutrition while their child is in the hospital setting. Therefore, Children's Social Work Department coordinates a food donation program and welcomes contributions.

To facilitate both the receipt of donations and the distribution of food to families in need, the Social Work Department accepts food which is store-bought, pre-packaged, non-perishable, microwavable and does not require a can opener. **Please contact the Social Work departments before you begin the donation preparation process to discuss important details and availability.**

We ask that the food be provided only in single meal servings with each individual meal placed in a clear gallon size zip-lock bag. *Please try to donate foods which will not expire in the immediate future as they are sometimes stored until needed.* Following are some suggested foods for each bag. We recommend three to four food items be included in each bag. This will provide one full meal for a parent or guardian in need.

#### Suggested Foods -

- Single servings spaghetti, pasta, or stew (microwave)
- Cup of soup or noodles (microwave or easy open cans)
- Easy Mac N Cheese single servings (microwave)
- Single servings of instant oatmeal
- Breakfast bars
- Granola bars
- Fruit/applesauce cups
- Pre-packaged peanut butter/cheese crackers
- Small bags of pretzels, cookies, crackers
- Single juice or drink boxes
- Single bottles of water (8-16oz)

The Social Work Department greatly appreciates your interest and support of this important service for the families of our patients. **If you are interested in donating items, please contact the Social Work Department at 404-785-6250 (Egleston) or 404-785-2010 (Scottish Rite) to learn more about this volunteer opportunity. Thank you.**

**Children need Children's®**